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#### Access for professionals

Videos, articles and useful resources on vacuum-assisted biopsy are available

## Vacuum-assisted biopsy: percutaneous biopsy technique



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# What is vacuum-assisted biopsy?

**Vacuum-assisted biopsy (VAB)** is a percutaneous biopsy technique based on obtaining breast tissue via a combination of vacuum and incision. It is performed using specifically designed devices where the biopsy needle is connected to an aspiration system containing a rotary scalpel near the tip.

The combination of vacuum aspiration and incision enables the continuous, contiguous acquisition of tissue samples, which may even include removal of the entire lesion.



> Different needle models for vacuum-assisted biopsy (VAB).
A) Needle with double lumen: the top one with larger gauge is for sampling and the bottom one for applying suction.
B) Needle with single lumen for sampling and vacuum.

#### What are the advantages over conventional core needle biopsy?

The key advantage of VAB over conventional core needle biopsy (CNB) is **the acquisition of larger, better quality samples** for diagnosis by using large calibre needles and applying a vacuum.

VAB sample acquisition enables continuous, contiguous tissue sampling using a single needle insertion in the breast, meaning the range of indications and diagnostic accuracy of VAB are greater than those of CNB.

### ... And over surgical biopsy?

The main advantages are lower morbidity and greater accuracy in obtaining samples of the lesion.

**VAB does not require hospital admission, general anaesthesia or sedation.** Recovery time is shorter than with surgery, thereby allowing the woman to return to her day-to-day activities sooner. VAB does not require a surgical incision, so skin scarring is minimal. The guide with imaging techniques increases accuracy in obtaining lesion samples while respecting the normal perilesional breast tissue.



> The needle is being inserted into the breast.

#### When is it indicated?

#### > VAB is not a replacement for CNB, but an alternative to surgery

VAB indications are continually expanding and include both diagnostic confirmation and percutaneous treatment of certain breast lesions.

The possibility of obtaining a considerable volume of tissue via continuous, contiguous sampling with large calibre needles makes VAB **the technique of choice** for diagnostic confirmation of histologically complex lesions, for which conventional puncture techniques have a high probability of false negatives and underestimation.

#### Technique of choice

VAB is the technique of choice in the diagnosis of microcalcifications, lesions only detectable using MRI, suspected histologically complex lesions using imaging techniques, non-conclusive results and B3 lesions confirmed via previous puncture.

#### Percutaneous treatment

The possibility of complete excision of the lesion using imaging techniques make VAB a good alternative to surgical removal of lesions confirmed as benign or with a high probability of benignity using imaging techniques. Other lesserknown indications include gynaecomasty treatment and certain types of inflammatory pathology.

#### **Future indications**

Although percutaneous excision using VAB is not currently indicated for breast cancer treatment, it is starting to be considered as an alternative to surgery in selected cases.